WeCare Pharmacy

Immunity IV Protocol Preparation Checklist

Boost your defenses with IV nutrient therapy.

Before Your IV

- □ Hydrate well the day before.
- □ Avoid caffeine for 4 hours prior.
- □ Eat a light meal 1-2 hours before.
- □ Share any medication or allergy updates with your nurse.

During Your IV

- □ Arrive 10 minutes early to complete paperwork.
- □ Wear comfortable clothing with sleeve access.
- □ Relax—the session typically takes 30-45 minutes.
- □ Communicate any discomfort immediately.

After Your IV

- □ Drink plenty of water.
- □ Avoid strenuous activity for 24 hours.
- □ Monitor how you feel: energy levels, how well you sleep, wellness changes.
- □ Schedule follow-up if needed.

Understanding Immunity IV Protocol – Key Ingredients & Benefits

IV immunity protocol kits offer personalized support. Here's the ingredient breakdown:

- Zinc Sulfate – Supports immune cell function, reduces oxidative stress.
- Vitamin C – Antioxidant, enhances white blood cell activity.
- B-Complex – Energy metabolism, nervous system support.
- Glutathione – Master antioxidant, detox support.
- Myers' Cocktail Base – Electrolytes + foundational nutrients.

Strengthen Your Immunity with Precision-Blended IV Therapy

Custom IV protocol kits are available at WeCarePharm.com/iv-nutrient-therapy